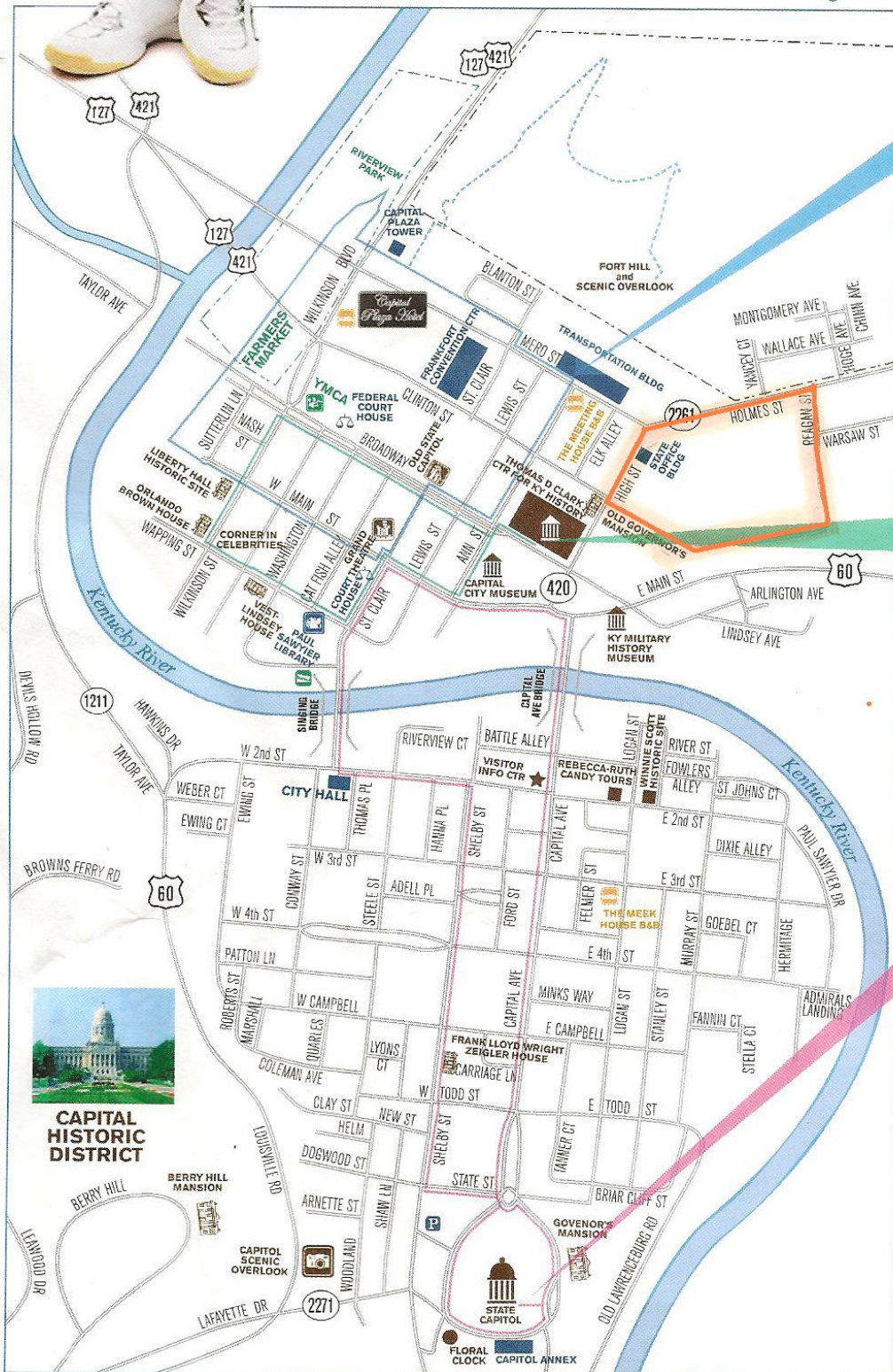


# Walk for Fun ... Walk for Life



## Sites Along the Wellness Walks

### Blue Wellness Walk (1.4 mile)

KY Department of Transportation  
KHS \* (Museum Garden)  
Downtown Shops and Restaurants  
KHS \* (Old State Capitol)  
Grand Theatre  
Wellness Walk Kiosk  
Liberty Hall Historic Site  
Riverview Park Walk  
Farmer's Market  
Optional Spur (1.6 extra mile/round trip)  
(Fort Hill and Scenic Overlook)  
Capital Plaza Complex



### Green Wellness Walk (1.0 mile)

KHS \*  
(Thomas D. Clark Center for KY History)  
Capital City Museum  
Wellness Walk Kiosk  
Franklin County Court House  
Paul Sawyer Library  
Corner in Celebrities  
Orlando Brown House  
Liberty Hall Historic Site  
YMCA  
KHS \* (Old State Capitol)  
Downtown Shops and Restaurants



### Pink Wellness Walk (2.4 miles)

State Capitol  
Governor's Mansion  
Gooch House (Visitor's Center)  
Capital Bridge  
Wellness Walk Kiosk  
Franklin County Court House  
Singing Bridge  
Frankfort City Hall  
Frank Lloyd Wright  
(Zeigler House)  
Floral Clock



\* KHS - Kentucky Historical Society